



The Roxanne Fox Foundation

for

Youth Enrichment

5K RUN/WALK & 1 MILE FUN RUN ENTRY FORM

SATURDAY, APRIL 5, 2014

We will be having a 5K run/walk. T-shirts will be given and refreshments will be available to all registrants. Prizes will be awarded to all winners in the respective age brackets with door prizes for finishers.

Kids age 12 and under can participate in the 1 Mile Fun Run. Places and times will not be recorded for the Fun Run.

Packet pick-up Friday night from 6 to 8 PM at 404 SE 2nd, Grimes. Race day packet pick up and registration will start at 7:00 AM in the Adesa parking lot (1800 Gateway Drive) April 5. The 5K will start at 8:00 AM with the Fun Run following at approximately 8:45 AM. Both races will start in the Adesa parking lot and be run through the residential areas in Grimes. All prizes will be distributed following the conclusion of the Fun Run. Must be present to win.

Results will be posted on www.fitnesssports.com. Thank you for helping the youth of Northwest Polk County.

Please fill out the following, attach payment (check made out to Roxanne Fox Foundation) and mail to:

Roxanne Fox Foundation

300 SE 3rd Stree

Grimes, IA 50111

(One Registrant per sheet)

Race: 5K Run Kid's Fun Run

Name _____ Age on 4/5/14 _____ Gender M or F

Address _____ City _____ State _____

Birthdate _____ T-shirt Size (circle one) Adult: S M L XL Youth: YS YM YL

Phone number _____ email address: _____

5K

\$25 if received by March 28th

1 Mile Fun Run (Ages 12 and under)

\$15 if received by March 28th (max \$40 for all kids from same family)

\$35 late registration (t-shirt not guaranteed) \$20 late registration (t-shirt not guaranteed) Release of Liability

The undersigned acknowledges that the Roxanne Fox Foundation Run/Walk is voluntary and that I am voluntarily participating. I hereby release The Roxanne Fox Foundation for Youth Enrichment, its officers and directors, Adesa, its officers, directors, and agents and all sponsors, race officials, and volunteers and all other parties from any and all liability whatsoever, including all claims, demands, or causes of action of every nature, which arise out of or are in any way connected with this race. The undersigned agrees that the above-mentioned parties shall be held harmless in the event of an accident causing damages or loss of property or injury to the undersigned. I have read the foregoing Release, understand its terms, and freely and voluntarily sign the same.

Date _____ Signature _____ (parent signature if under 18)