

Grimes Parks & Recreation De

Telephone: (515) 986-2143

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www.grimesiowa.gov

CITY OF
GRIMES



Youth Tumbling Program

Program Description: A movement education program designed to develop motor skills, body awareness, and self confidence. This program is taught by Lexi Schafer former cheer and tumbling instructor. Kids should wear shorts/tank top or leotard. No jean shorts or baggie t-shirts. Parents are asked to check your child in, and then wait outside the room or in the cafeteria until the class is over. A special "viewing" time is set up at the end of the class for the parents. **Max. 9 students per class.**

Who: For Kids Ages 3 – 10 years old

Where: Grimes Community Complex Room #400

Date: Spring Session 1: Monday, March 26 – Thursday, April 19
Spring Session 2: Monday, April 23 – Thursday, May 17
Summer Session 1: Monday, May 21 – Thursday, June 14
Summer Session 2: Monday, June 18 – Thursday, July 12
Summer Session 3: Monday, July 30 – Thursday, August 23



MONDAYS	AGES	COST	TIME
<p>Tumble Cubs – Beginner Level This is for first times tumblers. While learning the basics of tumbling, balancing, and other motor skills, your toddler will have the chance to be social with other toddlers, be challenged, and enjoy the fun of new obstacles courses and mat maze. (Max 9 students per class)</p>	Ages 3-4	\$20 per child	5:30 – 6:00pm
<p>Tumble Cubs 2 – Intermediate Level This class is for second time tumblers. In addition to the adventures and fun of the beginner level class, these toddlers are ready for cartwheels, hand-stands, and backbends, in addition to other skills the instructor sees they are read for. (Max 9 students per class)</p>	Ages 3-4	\$20 per child	6:00 – 6:30pm
<p>Tumbling 2 – Intermediate Level This class is for students who are ready for the next step. We will focus on dive rolls, running tumbling, back hand-springs, back/front walkovers, and other skills the instructor sees fit. (Max 9 students per class)</p>	Ages 5-10	\$30 per child	6:30 – 7:30pm
THURSDAYS	AGES	COST	TIME
<p>Tumble Bears – Beginner Level This class is for first time tumblers. While learning the basics of tumbling, balancing, and other motor skills. They will socialize with other tumblers, be challenged, and enjoy fun new obstacles and mat mazes. (Max 9 students per class)</p>	Ages 5-6	\$25 per child	5:30 – 6:15pm
<p>Tumble Bears 2 – Intermediate Level This class is fore second time tumblers, or kids that are physically ready for the next step. In this class, we will fine-tune cartwheels, round-offs, and learn skills such as back walkovers, front walkovers and other intermediate skills the instructor sees fit. (Max 9 students per class)</p>	Ages 5-6	\$25 per child	6:15 – 7:00pm
<p>Tumbling 1 – Beginner Level This class is for first time tumbling. Students will learn rolls, backbends, hand-stands, cartwheels, round-offs and other skill the instructor sees they are ready for. (Max 9 students per class)</p>	Ages 7-10	\$30 per child	7:00 – 8:00pm

Questions: Contact Brett Barber, Grimes Parks & Recreation Director at bbarber@ci.grimes.ia.us or by phone at 986-2143.

To Register: ONLINE REGISTRATION IS AVAILABLE. Or you can pay with cash/check to **City of Grimes** and bring in registration to the Rec Office. You can also mail to City Hall at 101 NE. Harvey St.

2012 “Grimes Rec Spring/Summer Tumbling Program” Registration Form

PARTICIPANT’S NAME: _____ DOB: _____ AGE: _____

PARENT/GUARDIAN’S NAME: _____

STREET ADDRESS: _____ CITY: _____ ZIP CODE: _____

EMAIL: _____ PHONE: _____

I would like to be added to the Grimes Parks and Rec Email List: YES NO ALREADY ON LIST

Please Circle: Spring Session 1 Spring Session 2 Summer Session 1

Summer Session 2 Summer Session 3

MONDAYS	AGES	COST	TIME	Mark (x) box if Registering
Tumble Cubs – Beginners	Ages 3-4	\$20 per child	5:30 – 6:00pm	<input type="checkbox"/>
Tumble Cubs 2 – Intermediate	Ages 3-4	\$20 per child	6:00 – 6:30pm	<input type="checkbox"/>
Tumbling 2 - Intermediate	Ages 5-10	\$30 per child	6:30 – 7:30pm	<input type="checkbox"/>
THURSDAYS	AGES	COST	TIME	Mark (x) box if Registering
Tumble Bears - Beginners	Ages 5-6	\$25 per child	5:30 – 6:15pm	<input type="checkbox"/>
Tumble Bears 2 – Intermediate	Ages 5-6	\$25 per child	6:15 – 7:00pm	<input type="checkbox"/>
Tumbling 1 - Beginners	Ages 7-10	\$30 per child	7:00 – 8:00pm	<input type="checkbox"/>

TOTAL: _____

Release and Indemnification Agreement:

I hereby request that you accept my child’s application for registration in this Grimes Park and Recreation Department program. With consideration of your acceptance of my child, I hereby release the City of Grimes, its employees, and the coaches and volunteers associated with this program from all claims which may arise in the event my child is injured in an accident that occurs while he or she is participating in this program. I further agree to indemnify the City of Grimes, its employees, and the coaches and volunteers associated with this program for any claim, which may hereafter be presented on behalf of my child as a result of any such injuries. I hereby acknowledge that it is my responsibility, not the responsibility of the City of Grimes, to provide medical insurance coverage in the event I desire to have medical insurance coverage for my child while he or she participates in this particular activity. I will also allow pictures of my child during this program to be used only for the marketing purposes of future Grimes Parks and Recreation programs.

Signature of Parent or Guardian

Date

Grimes Parks and Rec Office ~ 410 SE. Main St. in Grimes