



GRIMES PARKS AND RECREATION ADULT MEN'S BASKETBALL LEAGUE RULES

A. ELIGIBILITY

1. All players must be 18 and out of high school.
2. No player is allowed to play on more than one team within the same league in Grimes during the same season. Violation will result in individual suspension and/or game forfeiture.

B. THE GAME

1. Official high school rules will apply with the below listed exceptions.
2. The clock will be a running clock.
 - a. The game will consist of two (2) twenty-minute halves.
 - b. The clock will only stop the last two minutes of the second half on any fouls, time-outs, or out of bounds only.
3. Non-shooting fouls will be checked at the top of the key outside of the last two-minutes of the game. On shooting fouls, one free throw will be shot that is worth 2 points. Inside of two-minutes, one shot is still worth 2 points on any type of foul.
4. Each team will be allowed two time-outs per half. No carry-overs.
5. There will be a five-minute break between halves.
6. Game time is forfeit time.
7. Substitutions can be made on defense only unless there is an injury.
8. The manager is responsible for his team's actions.
9. If during a game pushing and shoving or other excessive physical contact persists beyond a normal level and the gym supervisor feels that it is to either or both teams benefit or safety, he has the authority to call the game a forfeit or double forfeit at that point.
10. Spectators are welcome at the games but must conduct themselves accordingly. Managers will be held responsible for the conduct of their spectators. Children are to be kept in the stands. If a parent allows their children to run about the gym and/or the school building, they will be asked to leave.
11. No profanity by teams or spectators will be allowed/automatic technical foul.
12. No beer or alcoholic beverages are allowed in any school facility.
13. No food/drink or shoes leaving marks on the floor allowed in any gyms.
14. No dunking during games is allowed.
15. 3 pointers will be allowed.

C. UNIFORMS

1. All team members at the start of the season must have the same identical color and style of shirt. Reversible jerseys are recommended.

D. AWARDS

1. League Champion t-shirts will be awarded to all rostered players of team finishing 1st in league.

E. PLAYOFFS *(subject to change depending on the number of teams registered)*

All teams make the tournament. Teams will be seeded by league standings.

F. WEATHER RELATED CANCELLATIONS

Due to the limited number of days available to make up postponed games we will endeavor to play in mildly inclement weather. If unfavorable weather and poor driving conditions appear likely, the team captains will be called or emailed by Brett Barber, Parks and Rec Director, before the scheduled game to hear if the game is to be played (if the situation permits). If the game is postponed, captains will inform their team. The decision to cancel will be made 45 minutes prior to game time if possible. If games are cancelled before the start of a game, this decision is made by Brett Barber, Parks and Rec Director, and is independent of whether either team can field enough players. A team cannot forfeit a game due to lack of players if a weather cancellation is called before the start of play. Please check www.grimesiowa.gov for cancellations as well under Grimes Parks and Recreation.