

# Grimes Parks & Recreation Department

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[www.grimesiowa.gov](http://www.grimesiowa.gov)



## Martial Arts America “Tiny Tigers Taekwondo”

### Program Description:

Our Tiny Tiger program is an age appropriate version of Taekwondo that will help direct that energy into confidence and character building skills. The students (ages 4-7) will be learning their new techniques. At the end of each session, students participate in our regular testing (in Ankeny, additional \$35) to show what they have learned. After completing the testing, students are promoted to the next belt color level and learn new techniques. Once they have reached the Tiger black belt level (or at parent/instructor discretion), they are ready to go on to the regular class which ages 6 on up can attend. Stop in for a FREE class!

**Who:** Ages 4- 7- Must be 4 years old by the first day of class.

**Where:** Grimes Community Complex Room #400

**Dates:** Tuesdays & Thursdays, Join in any time

**Times:** 6:00pm – 6:30pm

**Questions:** Contact Brett Barber, Grimes Parks & Recreation Director at [bbarber@ci.grimes.ia.us](mailto:bbarber@ci.grimes.ia.us).



**To Register:** Please pay with cash/check made out to Martial Arts America OR bring in to the first class and give to the instructor. Online registration is not available for this class.

**Cost:** \$50.00 per participant per month (PLUS one-time \$50 joiner’s fee, includes uniform)

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### “Martial Arts America Tiny Tigers Taekwondo” Registration Form

PARTICIPANT’S NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ AGE: \_\_\_\_\_

PARENT/GUARDIAN’S NAME: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

EMAIL: \_\_\_\_\_ PHONE: \_\_\_\_\_

Add me to the Grimes Rec Email List:                      Yes                      No                      Already on the List

Cost is \$50 per participant per month (PLUS one-time \$50 joiner’s fee, includes uniform).

#### Release and Indemnification Agreement:

I hereby request that you accept my child’s application for registration in this Grimes Park and Recreation Department program. With consideration of your acceptance of my child, I hereby release the City of Grimes, its employees, and the coaches and volunteers associated with this program from all claims which may arise in the event my child is injured in an accident that occurs while he or she is participating in this program. I further agree to indemnify the City of Grimes, its employees, and the coaches and volunteers associated with this program for any claim, which may hereafter be presented on behalf of my child as a result of any such injuries. I hereby acknowledge that it is my responsibility, not the responsibility of the City of Grimes, to provide medical insurance coverage in the event I desire to have medical insurance coverage for my child while he or she participates in this particular activity. I will also allow pictures of my child during this program to be used only for the marketing purposes of future Grimes Parks and Recreation programs.

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date

**Grimes Parks & Rec Office ~ 410 SE Main St. in Grimes**