

PARKS & TRAILS MAP



CITY OF GRIMES PARKS & RECREATION GUIDE



Spring & Summer 2010

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To register for any Youth or Adult Programs, go to www.grimesiowa.gov/ParksandRecreation or register and pay in person at the Grimes Community Complex at 410 S.E. Main Street.

Reminder: the Rec programs are non-refundable and non-transferrable. The only time we offer credit is if the City Rec has to cancel the program.

OTHER COMMUNITY EVENTS

Grimes Eggstravaganza Event

Saturday, April 3, 2010

Come join the fun at the annual Grimes Easter Eggstravaganza. This Grimes Chamber and Economic Development sponsored event is chock full of fun for children. It includes over 10,000 eggs in the egg hunt, games, food, and a chance to meet the Easter Bunny in person.



Grimes City-Wide Garage Sale

Saturday, May 1, 2010 • 9 a.m. - 3 p.m.

New and free and open to everyone in the Grimes community. It's time to do your Spring cleaning and clean out the garage, basement, kids toys - you name it, we'll help get the people there to buy it.

Grimes Funtastic Days

June 10-12, 2010

A Grimes tradition! Every summer the community comes together to celebrate with parades, carnivals, a car show, music, dancing, vendors, and so much more. Bring your family, friends, and neighbors to this all encompassing community celebration!



Highway 141 Garage Sale

August 6 & 7, 2010

Always the first Friday and Saturday in August, the Highway 141 Garage Sale extends all the way from Grimes to Manilla. Vendors, Garage Sales, and Flea Markets will be found both in the towns and along the highway for 100 miles of fun and bargains. Whether you are a seller or a buyer, this event is just good old fashioned fun. For more information, go to www.141sale.com.

Grimes Library Summer Programs

- "MAKE A SPLASH" all summer long at the Grimes Public Library. Special programming every Friday from June 18 - July 30
 - TEEN TUESDAYS: 2 - 4 p.m. on Tuesdays for kids in sixth grade and up
 - TODDLER STORY TIMES: 9:30 a.m. on Tuesdays and Wednesdays
 - PRE-SCHOOL STORY TIMES: 10:00 a.m. on Tuesdays and Wednesdays
- For more information visit www.grimes.lib.ia.us, call us at 986-3551 or stop by

ADULT & SENIOR PROGRAMS

GENERAL INFORMATION

Adult Beginner Spanish Classes

Thursdays, April 8 - May 13, 2010 • 6:30 - 8:00 p.m.

Adults ages 18 and up

\$30.00 per person

Grimes Community Complex

Participants will learn basic vocabulary, grammar and beginning conversation that will help you understand and start communicating in this wonderful language. Minimum 6/Maximum 20 participants. Register early to ensure your spot!

Instructor: Elizabeth Daza

Bus Trip to Prairie Meadows

Tuesday, April 13, 2010

Bus departs from the GCC at 9:30 a.m. and arrives back to the GCC at 2:30 p.m.

\$5.00 per person to cover the bus driver/mileage/staff person

A chance to play some games and eat at the big buffet for lunch. Must be at least 21 years of age. (Min. 15/Max. 60)

Bus Trip to the Iowa State Fair

Wednesday, August 18, 2010 • Active Older Adults Day

Bus departs from the GCC at 8:30 a.m. and arrives back at the GCC at 2:30 p.m.

\$7.00 per ticket for those ages 60 and over

\$1.00 for bus ride

Recommended for Active Older Adults but all adults are welcome to attend this day. A chance to see the fair up close. The bus takes you to the middle of the fair and picks you up in the middle of the fair for no-hassles with parking. Min. 10/ Max 60

Free Bridge and Card Games

Fridays from noon - 3 pm at the GCC



Mission Statement

It is the mission of the Grimes Parks and Recreation Department to create recreational opportunities for growth and enhancement by developing services and programs that promote citizen involvement and a strong sense of community while striving to increase the social, cultural, and physical well-being of its residents and visitors.

Office Location

The Grimes Parks and Recreation is located inside of the Grimes Community Complex (old Middle School), located at 410 S.E. Main Street in Grimes. The Department is responsible for all City Parks, Grimes Community Complex, Summer Rec Program, and numerous other community Recreation Programs.

Recreation Office Hours: 8:00 a.m. - 5:00 p.m. Monday through Friday (After-hours Registration/Payment Drop Box available outside the GCC.)

Office Phone: 515-986-2143

Recreation Cell Phone: 515-205-8881

Fax: 515-986-2143

Parks and Recreation Staff

Joe McAreavy, Public Works Director

Email: jmcareavy@ci.grimes.ia.us • City Hall Phone: 515-986-3036

Brett Barber, Parks and Recreation Director

Email: bbarber@ci.grimes.ia.us • Recreation Office Phone: 515-986-2143

Dawn Wood, Parks and Recreation Administrative Assistant

Email: dwood@ci.grimes.ia.us • Recreation Office Phone: 515-986-2143

The Park and Recreation Advisory Board

The Park and Recreation Advisory Board is hereby created to advise the City Council on facilities and funds which are needed to provide open space such as parks and playgrounds and community facilities for other types of recreation.

The operations of the parks system is managed by the Public Works Director, Joe McAreavy and supervised by the Park and Recreation Director, Brett Barber.

John Feltner, Pres.	Phone: 986-4373	January 2012	104 Hickory Glen
Bill Rude, Sec.	Phone: 986-2125	January 2014	505 SW Kennybrook
Kathi Scott, VP	Phone: 986-4556	January 2012	704 S Maplewood
Charmin Sterbenz	Phone: 986-4797	January 2017	504 Hickory Court
Lynette Wineland	Phone: 986-3232	January 2013	401 Hickory Glen

*Jill Altringer, Council Liason

PARKS & FACILITIES

Grimes Sports Complex

The complex is located at 300 South James Street, just south of the South Prairie Elementary School. Covers 44 acres in the southwest area of Grimes. Constructed in 2002, it includes two tennis courts; multiple soccer fields, including one lighted tournament field; three sand volleyball courts; three softball fields; four baseball fields; two basketball courts; a skate park; walking trails; two concession stands and a large play structure.



Skate Park

Located on the south side of the Grimes Sports Complex off South James Street.

Beaverbrooke Park

Installed in November of 2007, this neighborhood park is located at the south end of Park Circle off of James Street. Access by North Walking Trail. Shelter, Grill, Playset, and Trail.



Lions Park

Has an open shelter, two grills, two baseball/softball fields, soccer field, and playground equipment.



Shawver Park

Neighborhood park located off of Shawver Drive. Access by walking trail. Has a shelter, grill, and playstructure.



ADULT SPORTS LEAGUES

Adult Co-ed Sand Volleyball League

Sundays, June 6 - July 18, 2010 (skipping July 4)
Games start at 5 pm, 6 pm or 7 pm

\$50 per team

Must be 16 years and older to play
Grimes Sports Complex Sand Volleyball Courts

This will be a non-officiated league with all participants calling their own game. Tournament will conclude this league. Winner of 2 out of 3 games to 25 using rally point scoring is declared the winner.



Funtastic Days Adult Kickball Tournament

Date TBA

\$50 per team

Grimes Sports Complex
Details TBA

Adult Co-ed Slow Pitch Softball League

Sundays, August 15 - September 26 (skipping Labor Day Weekend)
Games start at 4 pm, 5 pm, or 6 pm

\$100 per team

Must be at least 18 years and older to play
Grimes Sports Complex Baseball Fields
on South James Street in Grimes

This will be a non-officiated league with all participants calling their own game. Special rules with a home run limit. Ten players are allowed on the field at one time. At least four women must be on the field. An alternating batting order must be used as well going male/female.



If you have a program idea, please email Brett Barber at bbarber@ci.grimes.ia.us or call 515-986-2143

ADULT FITNESS PROGRAMS

Adult Yoga Classes

Tuesdays and Thursdays • Check online for session start dates
For ages 16 and up

\$45 per person (Includes 6-week session, 1x per week) OR

\$80 per person (Includes 6-week session, 2x per week) OR

\$10 for a drop-in fee per class

Grimes Community Complex (Old Middle School) on 410 SE Main Street

Yoga increases strength, flexibility, and balance for both body and mind. Regular yoga practice is known to improve circulation, increase core strength, stability, digestion and posture, stimulate the immune system, decrease stress level, boost self-esteem and create a sense of calmness and well being. Please bring your own mat, towel & water. This class could fill up, so register now! *Instructor: Bethanie Lafferty.*

jazzercise



cardio



strength



stretch

Push your body and find your beat at Jazzercise, offered in partnership with Grimes Parks and Recreation. Join the world's leading dance fitness program that combines elements of dance, resistance training, Pilates, yoga, kickboxing and more. Each 60-minute total-body workout includes a warm-up; high-energy aerobic routines to increase cardiovascular fitness and burn calories; muscle-toning, strength, and resistance training for the hips, legs, derriere, abdomen, and upper torso; and a cool-down stretch segment to increase flexibility. Certified instructors provide easy-to-follow cues, safety reminders, modifications, and options to accommodate all ages and fitness levels.

- Monthly pricing options and specials for new customers.
- Unlimited, year-round classes that fits your schedule!
- Arrive 15 minutes early for your first class to complete paper work.
- Bring a mat for floor work, small hand weights (optional), and a non-breakable water bottle.
- Join anytime! Registration is open year-round at class or via phone or E-mail by contacting Kate Payne, Instructor at 515-480-0905 or jazz4k8@mchsi.com.
- For more information visit the jazzercise web site at www.jazzercise.com.
- OPEN HOUSE SPECIAL - Monday, May 3, during all class times! FREE classes on May 3. Register on this day and receive the rest of May FREE, plus 1/2 off the joining fee!
- Jazzercise also offers several specialty session classes throughout the year, personal touch/training sessions, junior jazzercise for kids, girl scout badge class sessions, and jazzercise lite for seniors. Call or E-mail to request to be added to our mailing distribution list.

Regular Class Schedule (more classes coming soon):

Time	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
5:30 AM		X		X		X	
8:30 AM							X
4:20 PM	X	X			X		
5:30 PM		X	X	X	X		
6:40 PM		X	X	X	X		

PARKS & FACILITIES

Waterworks Park

One of Grimes' first parks, Waterworks Park is located at 200 North 1st Street, north of Hwy 44. It has two open shelters, two playgrounds, open green space, electricity, and ball diamonds.



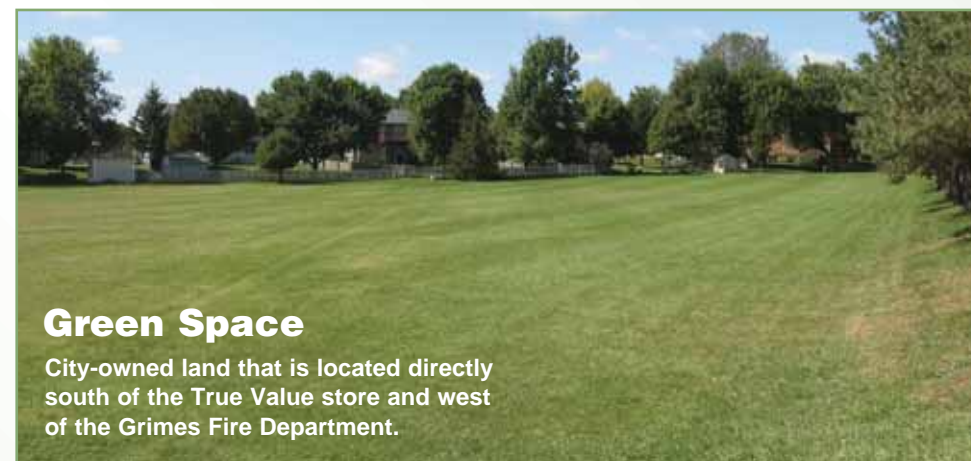
North Pointe Park

Installed in October of 2009, this 3.5 acre park has a play structure, swing set, 16' square open shelter, and 2 picnic tables. The park is located on the northeast side of Grimes just east of Hwy 141.



Glenstone Park

Installed in September 2009, this park has a 20' wide open gazebo with two picnic tables. It's located in the heart of Glenstone Trail off of SE 37th Street in the SE portion of Grimes along the Johnston Border.



Green Space

City-owned land that is located directly south of the True Value store and west of the Grimes Fire Department.

Reserve a Park Shelter

To reserve one of the park shelters, please fill out a reservation form that can be downloaded from www.grimesiowagov.org/ParksandRecreation/Parks/ and stop by the Grimes Community Complex and talk with Brett Barber, Grimes Parks and Recreation Director at 515-986-2143 or email him at bbarber@ci.grimes.ia.us with questions.

GRIMES COMMUNITY COMPLEX

410 S.E. Main Street • Grimes

(formerly the DC-G middle school)

The Grimes Community Complex opened the Summer 2006 for the Summer Recreation program. Once the old Grimes Elementary/Middle School, this building now hosts several community programs and events. Numerous sports practices, adult open gym, parties, reunions, anniversaries, wedding receptions, and meetings have been held there since.

Rental Rates

<u>Facility</u>	<u>Resident Fee*</u>	<u>Non-Resident Fee**</u>
Gym	\$20 per hour	\$40 per hour
Kitchen/Cafeteria	\$25 per hour	\$50 per hour
Banquet Hall		
Mon-Fri 8 am - 3 pm	\$25 per hour	\$50 per hour
Evenings 3-10 pm	\$30 per hour	\$60 per hour
Weekends - per hour	\$30 per hour	\$60 per hour
Weekends - per day	\$250 per day	\$500 per day
Room #400	\$20 per hour	\$40 per hour
Meeting Room #102	\$20 per hour	\$40 per hour
Meeting Rooms #106 or #107	FREE	\$10 per hour
Board Room 302	FREE	\$10 per hour
Batting Cage	\$10 per hour	\$20 per hour
Kitchen Only	\$15 per hour	\$30 per hour

*Living in DC-G school district

**Living outside DC-G school district

TO RESERVE the Grimes Community Complex, please call the Grimes Parks and Recreation Office at 515-986-2143 or City Hall at 515-986-3036 or email Brett at bbarber@ci.grimes.ia.us. An access card is required to purchase or activate to enter the building at times outside of our normal business hours.

FACILITY HOURS

APRIL - AUGUST

Monday -Friday: 5 am - 8 pm
Saturday: 7 am - 5 pm
Sunday: Noon - 5 pm

SEPTEMBER - MARCH

Monday - Friday: 5 am - 9 pm
Saturday: 7 am - 9 pm
Sunday: Noon - 9 pm



YOUTH PROGRAMS

Summer Adventures

Various field trips to area attractions such as the Iowa Cubs, Pump It Up, The Science Center, Jester Park, Climb Iowa, movies and more. Register online.



Summer FunDaze Day Camp (Ages Pre-K and up)

Session 1: Monday, June 21 - Friday, June 25, 2010 • 7:30 am - 5:30 pm
Session 2: Monday, July 19 - Friday, July 23, 2010 • 7:30 am - 5:30 pm

\$125 per child per week (\$110 per additional child)

*Kids must register for entire week.

NEW! Kids will enjoy activities such as arts/crafts, tournaments, movies, PE games, team building games, and more. One field trip per week and one swimming trip per week. Transportation and drivers are provided by the DCG School system.

Swimming Lessons at Clive Aquatic Park (Ages 4 and up)

Session 1: Mondays - Thursdays • June 14 - June 24, 2010
Session 2: Mondays - Thursdays • July 12 - July 22, 2010
Session 3: Mondays - Thursdays • July 26 - August 5, 2010

Bus departs from the Library at 7:40 a.m. and from GCC at 7:50 a.m.
Bus arrives back at GCC at 9:20 a.m. and at the Library at 9:30 a.m.

Pre-K ages 4-5: \$40 per child

Levels 1 - 3 : \$40 per child

Levels 4 - 6: \$45 per child

Cost includes lessons, staff supervision, and bus trip.

Registration starts March 22 at 7 p.m. ONLINE!

Trained Grimes Rec Staff will be on hand to supervise the kids before their lesson and after their lesson. At registration, please specify your desired level. Max of 25 kids per session.



Cheer Clinic (Ages 4 and up)

Mondays, June 7 - June 28

Ages 4 - 6: 5:30 - 6:15 pm **\$25 per child**

Ages 7 and up: 6:30 - 7:30 pm **\$30 per child**

Grimes Community Complex

Kids should wear shorts/tank top or leotard, and tennis shoes. No jean shorts or baggy t-shirts. *Instructor TBA*



Community Theatre and Drama Camps

Coming soon!

YOUTH PROGRAMS

Taekwondo & Tiny Tigers Taekwondo

TINY TIGERS (Ages 4-7): 6:00 - 6:30 p.m. • Tuesdays and Thursdays
(Ongoing program - join anytime)

\$50 per participant per month (plus one-time \$50 joiner's fee)

NEW! Tiny Tigers is an age appropriate version of Taekwondo that will help direct that energy into confidence and character building skills. *Instructor: Certified MAA Black Belts*

TAEKWONDO (Ages 6+): 6:30 - 7:30 p.m. • Tuesdays and Thursdays
(Sessions start every even month - join anytime)

\$50 per participant for 2 months

These classes allow families to take part together and provide a positive atmosphere for everyone to improve their mind and their body. *Instructor: Martial Arts America*

Both are held at Grimes Community Complex, Room #400

Spring Break Camps

Mon, March 15	Pump It Up	Ages 4+	\$12
Tue, March 16	Skate North	Ages 6+	\$12
Wed, March 17	Science Center	Ages 6+	\$20
Thu, March 18	Warrior Lanes	Ages 6+	\$12
Thu, March 18	Climb Iowa	Ages 6+	\$15



Tiny Adventures (1/2 day camps for ages 4-8)

Session 1: June 14 - June 18, 2010 • 9 am - noon

Session 2: June 21 - June 25, 2010 • 9 am - noon

Session 3: July 12 - July 16, 2010 • 9 am - noon

Session 4: July 19 - July 23, 2010 • 9 am - noon

\$45.00 per child per week

Drop Off/Pick Up at Grimes Community Complex at 410 S.E. Main Street in Grimes

Registration starts Monday, March 22, 2010 at 7 pm ONLINE!

A new program that contains activities, games, guest speakers, crafts, and explorations in the parks and sports complex. *Instructors: Trained Grimes Parks and Rec Staff.*

Open Swimming Trips (Ages 6 and up)

June 14, 16, 18, 21, 23, 25, 28, 30 (Clive)

July 5, 7, 12, 14, 19, 21, 26, 28 (Clive) July 9, 16 (West Des Moines)

August 2, 4, 9, 11 (Clive)

Bus departs from Library at 12:30 p.m. and GCC at 12:45 p.m.

Bus arrives back at GCC at 3:15 p.m. and Library at 3:30 p.m.

\$2.00 per child (includes bus/staff only) with a pool membership or a pool punch pass

\$6.00 per child (includes bus, pool, staff supervision)

No pre-payments or accounts will be taken. Pay the day of swimming.

Pool Memberships can be purchased at the Aquatic Parks.

Please tell the Grimes P&R your child's membership number or send their card with them.

Trained Grimes Parks & Recreation Staff will be on hand to supervise the kids.



SPECIAL EVENTS

3rd Annual Grimes Family Wellness Day

Saturday, April 17 • 9 a.m. - noon

Grimes Community Complex (410 S.E. Main Street)

In partnership with the Northwest Family YMCA Program Center in Grimes. Sponsors/businesses will distribute information, hand-outs, demonstrations, and goodie bags for the kids.



“Think Spring” Fashion Show

Saturday, May 1, 2010

Grimes Community Complex Gym & Banquet Hall (410 S.E. Main Street). Sponsored and organized by the Grimes Heritage Society.

Grimes Community Complex Open House

Thursday, June 10, 2010 • 6 - 8 p.m.

Grimes Community Complex (410 S.E. Main Street)

Come and see all of the improvements!

2nd Annual Kids Garage Sale at the GCC

Saturday, June 26 • 9 am - Noon

Grimes Community Complex (410 S.E. Main Street)

Register at the Parks and Recreation Office.

Vendors should pay \$5 by June 12 in order to sell at the event.

A chance for kids to sell their old clothes, games, toys, etc.! Only items pertaining to kids will be on sale. Participants receive a designated space outside the GCC (indoors if raining).

ISU Travel Basketball Camp (Boys & Girls Grades K-9)

June 2010

7:30-8:00 a.m. check in & registration • 8:00-11:30 a.m. Instruction, awards, autographs

Cost TBA

North Ridge Elementary School in Grimes

Over 70 kids participated in 2009! Kids receive their own basketball, t-shirt, and autographs from the players and coaches. *Instructors: ISU Men's Players and Coaches*

Two-Day Youth Basketball Camp (Boys & Girls Grades 3-6)

July 2010

Boys: 9:00 - 10:30 a.m. • Girls: 10:30 a.m. - Noon

\$20 per person for both days (includes a t-shirt)

Will be held at either Grimes Elementary School or GCC (details TBA)

Instructors: Bud McCrea who won the Girls State Tournament in 1975 and 1976, his sons, and various other helpers.

YOUTH SPORTS

Youth Golf Clinics (Ages 7-17)

Spring Indoor Session: Tuesdays, April 6 - May 4, 2010 from 5 pm - 6 pm
Summer Session 1: June 14- June 18, 2010 from 6 pm - 7 pm
Summer Session 2: July 26 - July 30, 2010 from 1 pm - 2 pm

\$40 per participant per session
Longview Golf Centre (NW 54th Ave in Grimes)

Taught by a pro and learn like a pro! Designed for participants interested in learning the game of golf in a fun way. In case of bad weather, outdoor summer lessons will be moved inside the golf dome.

Instructor: David Gantt, PGA Class A Teaching Professional

Youth Spring Flag Football League (Grades 1-4)

Sundays, April 11 - May 16, 2010
Grades 1-2: Games at 2 pm or 3 pm
Grades 3-4: Games at 4 pm or 5 pm
6 vs. 6 games will be played at Lions Park in Grimes

Registration opens in March 2010 with the deadline two weeks prior to the league start.
\$25 per player or \$175 per team (max of 10 players)

Does not include t-shirt or jersey - teams must provide their own jersey. Teams must have a coach. "Free Agent" teams will have parent volunteers assigned to the team.

This six-game league allows players to play in a competitive atmosphere. Individual players will be placed on a "free agent" team and assigned a parent volunteer to coach. Standings and scores will be kept. Teams practice on their own and with their own equipment. Grimes Rec provides all the equipment for game day including flags, footballs, and referees. Mouth guards are recommended but optional.

Bam Bam Baseball Clinic (Ages 3-5)

Session 1: June 8 - June 24, 2010 Tuesdays & Thursdays
Session 2: July 6 - July 22, 2010 Tuesdays & Thursdays
Ages 3 & 4: 5:30 pm - 6:15 pm
Ages 4 & 5: 6:30 pm - 7:15 pm

\$25 per player per session (includes a t-shirt per session)
Lions Park (North of Kum and Go)

Register online beginning March 22, 2010 at 7 pm
Deadline two weeks prior to each session



Geared toward a fun and rewarding experience in a low-competitive atmosphere that is taught by parent volunteers. Players should bring a hat, glove, and water bottle.
Instructor: Grimes Parks and Recreation Staff along with Parent Volunteers

YOUTH SPORTS

Tiny Kickers Soccer Clinic (Ages 3-5)

Session 1: Mondays, June 7 - June 28, 2010
Session 2: Mondays, July 5 - July 26, 2010
Ages 3 & 4: 5:30 pm - 6:15 pm
Ages 4 & 5: 6:30 pm - 7:15 pm

\$25 per child if you need a red/white reversible soccer jersey
\$20 per child if you DO NOT need a jersey
Grimes Sports Complex Soccer Fields

Registration starts ONLINE on Monday March 22, 2010 at 7 p.m.!
Deadline is 2 weeks prior to each session.

Geared toward a fun and rewarding experience in a low-competitive atmosphere that is taught by the parent volunteers. Please have player wear tennis shoes and socks, bring a water bottle, and wear appropriate clothing. Shin guards are optional but recommended.
Instructor: Grimes Parks and Recreation Staff along with Parent Volunteers



Tennis Clinic (Ages 6 and up)

July 12-15, 2010
Ages 6-10: 9:15 - 10:15 am
Ages 11 and up: 8:00 - 9:00 am

\$20 per child for ages 6-10
\$25 per person for ages 11 and up
Grimes Sports Complex Tennis Courts

Designed for participants interested in learning the game of tennis in a fun way. (Max. of 20 per time slot)



Volleyball Camp (Grades K-6)

Dates to be announced • check website
Grades K-2: 5:30 - 6:20 pm
Grades 3-6: 6:30 - 7:30 pm

\$25 per child in Grades K-2
\$30 per child in Grades 3-6
Location to be announced

Registration starts ONLINE on Monday, March 22, 2010

This clinic allows the kids to get a jump start to the upcoming fall season.



Keep Up With What's New at Grimes Parks and Recreation

- **Program Flyers** - Stop by the Grimes Parks and Rec Office at the GCC
- **Online** - Follow us on Twitter or find us on Facebook
- **Rec Emails** - Email bbarber@ci.grimes.ia.us to be included on our email list.
- **Call** the Grimes Parks and Recreation office at 515-986-2143.