Grimes Parks & Recreation Department
Telephone: (515) 986-2143
Fax: (515) 986-3846
www.grimesiowa.gov

Youth Softball Pitching Instruction at the GCC

What: These softball pitching lessons for the community allow your player to train indoors during the off-season at the Grimes Community Complex Pitching/Batting Cage. Instructors are highly qualified and their mission is to teach and develop the fundamentals. Pitchers are recommended to have a catcher or parent with them if possible. Please stop in to pay for your child's lessons at the GCC.

Where: Grimes Community Complex Cages

When: January 2010 through end of April for Ages 8 and Up

Time: Sundays starting at 1pm – 5pm running every 45 minutes.

Questions: Contact Brett Barber, Grimes Parks & Recreation Director at bbarber@ci.grimes.ia.us or by phone at the Rec Office at 515-986-2143.

To Register: Gather your friends and call in to the Grimes Rec Office to book your lessons today!

Cost: $30 per lesson (Lessons run for 30 minutes with a 15 minute warm-up/cool-down time)

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Grimes Parks and Rec "Youth Softball Lessons" Registration Form

PARTICIPANT'S NAME: _____DOB:_____ AGE: _____

PARENT/GUARDIAN'S NAME: _____GRADE _____

STREET ADDRESS:_____CITY: _____ZIP CODE: _____

EMAIL:_____PHONE:_____

Please Circle: $30 per lesson

Indicate the Number of Lessons: _____ Dates Requested for Lessons: _____

Release and Indemnification Agreement:

I hereby request that you accept my child's application for registration in this Grimes Parks and Recreation Department program. With consideration of your acceptance of my child, I hereby release the City of Grimes, its employees, and the coaches and volunteers associated with this program from all claims which may arise in the event my child is injured in an accident that occurs while he or she is participating in this program. I further agree to indemnify the City of Grimes, its employees, and the coaches and volunteers associated with this program for any claim, which may hereafter be presented on behalf of my child as a result of any such injuries. I hereby acknowledge that it is my responsibility, not the responsibility of the City of Grimes, to provide medical insurance coverage in the event I desire to have medical insurance coverage for my child while he or she participates in this particular activity. I will also allow pictures of my child during this program to be used only for the marketing purposes of future Grimes Parks and Recreation programs.

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Signature of Parent or Guardian Date

Grimes Community Complex ~ 410 SE Main St. in Grimes