Grimes Parks & Recreation Department
Telephone: (515) 986-2143
Fax: (515) 986-3846
www.grimesiowa.gov

Grimes Rec Flag Football League (Grades 3-6)

Program Description:
This 6 on 6 flag football league is coached by parent volunteers. Teams practice on their own one time per week and play the "real game" on Sundays. Games run approx. 40 minutes long with a 15-20 minute warm-up. Kids are randomly placed on their teams. **Deadline is August 11.**

Who: 2 Divisions Include: Going into Grades 3-4 & Going into Grades 5-6

Where: Games at Lions Park in Grimes
Practice Locations determined by the coaches.

Dates: Season starts Week of August 23 and runs through October 10
Practices start week of August 23. Games start Sept. 12.

Times: Games can also run on Sundays at 3pm, 4pm, or 5pm
*Depends on the # of teams on when you play games.
Practice time is determined by the coaches.

Questions: Contact Brett Barber, Grimes Parks & Recreation Director at bbarber@ci.grimes.ia.us or by phone at 986-2143.

To Register: Register ONLINE at www.grimesiowa.gov, OR bring in registration to the Grimes Rec Office located in the GCC, OR mail to 410 SE Main Street in Grimes, Ia 50111

Cost: $30 per player
**If you need a reversible jersey, the cost is an additional $10 per jersey.

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2010 "Grimes Rec Flag Football League for Grades 3-6" Registration Form

PARTICIPANT'S NAME: _____ GRADE ('10-'11):_____ AGE: _____

PARENT/GUARDIAN'S NAME: _____ I would like to volunteer coach: YES NO

STREET ADDRESS: _____CITY: _____ZIP CODE: _____

EMAIL: _____PHONE:_____

I would like to be on the Grimes P & R Email List of Upcoming Events- YES NO Already on List

Session (Circle): Going into Grades 3-4 Going into Grades 5-6

Jersey Size (Circle): YS YM YL AS AM AL AXL

Cost is $30 per player. **If you need a reversible jersey, the cost is an additional $10 per jersey.

Release and Indemnification Agreement:

I hereby request that you accept my child's application for registration in this Grimes Park and Recreation Department program. With consideration of your acceptance of my child, I hereby release the City of Grimes, its employees, and the coaches and volunteers associated with this program from all claims which may arise in the event my child is injured in an accident that occurs while he or she is participating in this program. I further agree to indemnify the City of Grimes, its employees, and the coaches and volunteers associated with this program for any claim, which may hereafter be presented on behalf of my child as a result of any such injuries. I hereby acknowledge that it is my responsibility, not the responsibility of the City of Grimes, to provide medical insurance coverage in the event I desire to have medical insurance coverage for my child while he or she participates in this particular activity. I will also allow pictures of my child during this program to be used only for the marketing purposes of future Grimes Parks and Recreation programs.

_____

Signature of Parent or Guardian Date

Grimes Parks and Rec Office ~ 410 SE Main St. in Grimes